

AQs Reversible Pleated Apron Tutorial

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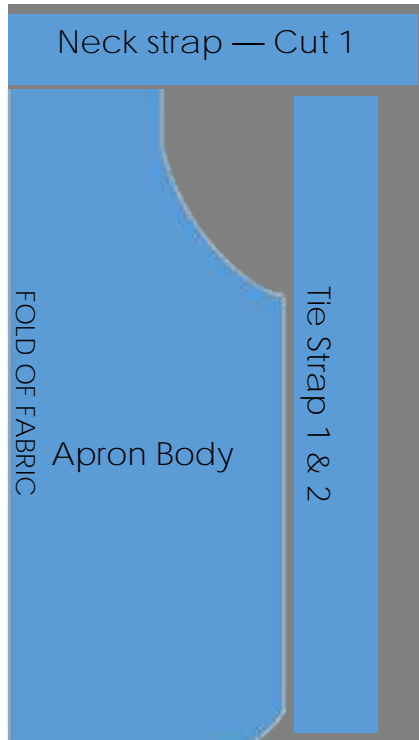


Fabric Requirements and Cutting Instructions

40" of fabric 1

36" of fabric 2

Once you draft the pattern (page 3 & 4) use the images below to guide you during the cutting process.



Fabric 1 Cut Layout

40" of fabric 1

1 apron body

Neck strap:

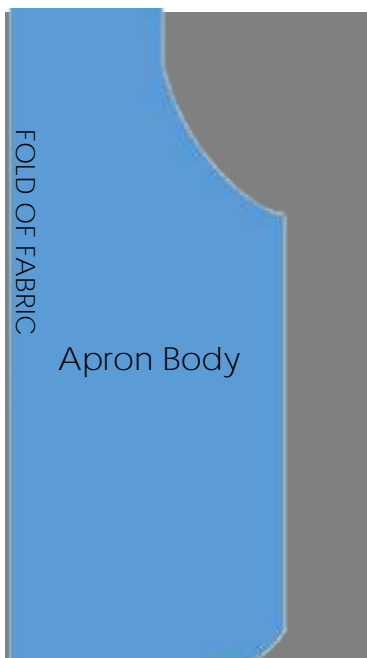
Cut 1 strip 4" x 21"

Waist tie straps:

Cut 2 strips 4" x 36"

The fabric featured in this tutorial is by Harmony Art Organic Design, it is a fabulous denim called

Stumps Speak



Fabric 2 Cut Layout

36" of fabric 2

1 apron body



Step 1 - Pattern Drafting

Paper: 36" x 16" rectangle

a) Draw a curve in the top right corner

(tip: you can trace a dinner plate for a smooth curve)

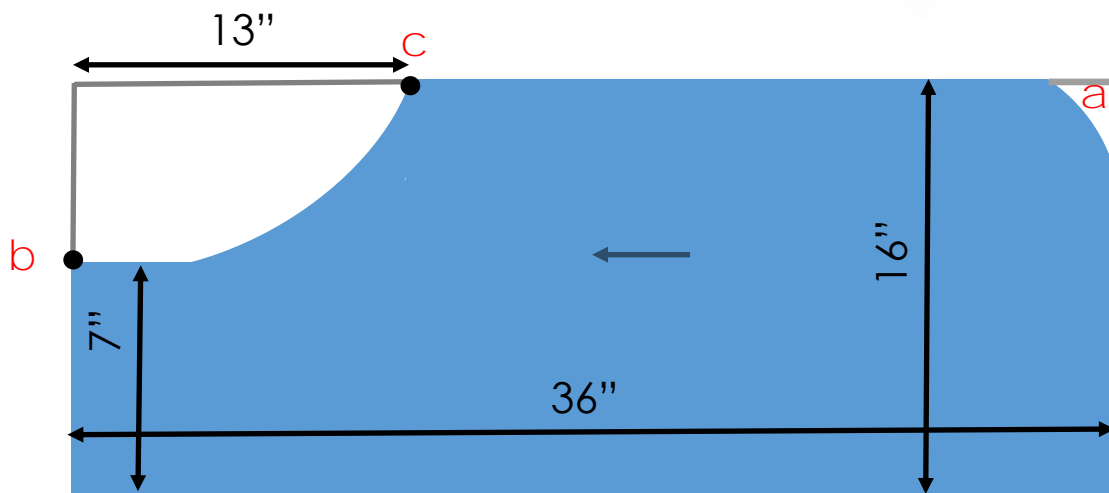


b) Mark a point 7" up from the bottom left corner

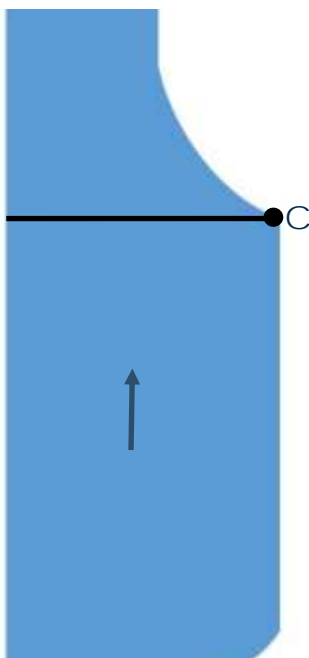
c) Mark a point 13" to the right of the top left corner

d) Draw a curve between point b and c

e) Cut out your apron pattern (shown in blue)



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Step 2

Turn your pattern 90 degrees so it is the right way up. Hold the pattern against your body to ensure you are happy with the basic fit and make any adjustments as needed.

Imagine a horizontal line from point c as shown, the area above that line is the bib of the apron, in step 3 you will draft 2 pleats at the top of the bib to give it shape.

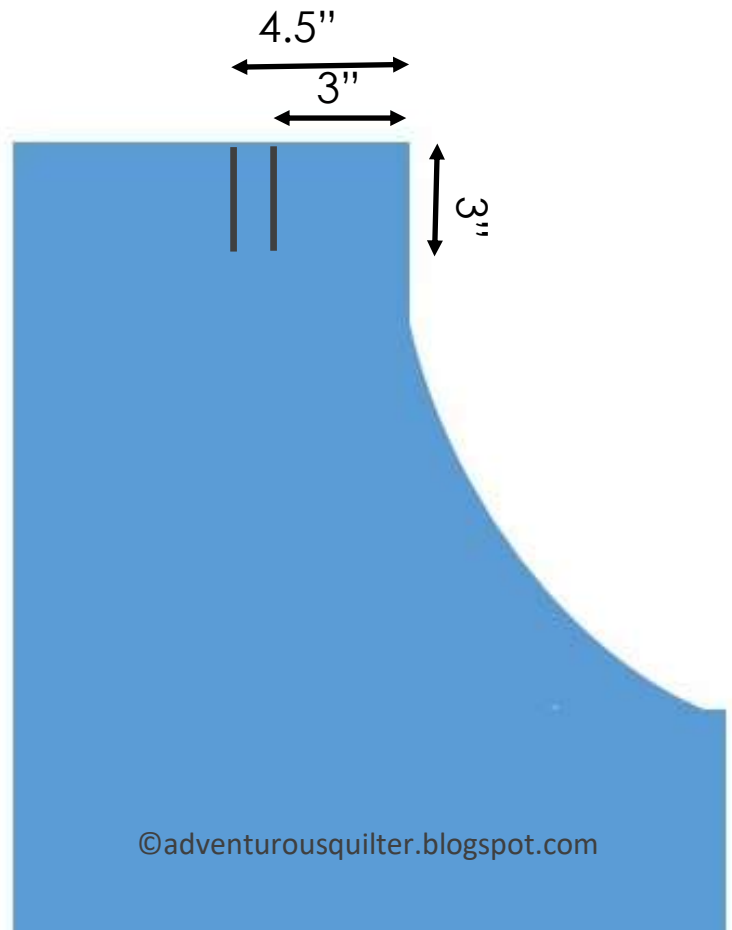
Step 3



a) Measure 3 inches in from the right edge of the apron bib pattern and draw a 3" long line perpendicular to the top of the bib as shown

b) Measure 4.5 inches in from the right edge of the apron bib and draw a 3" long line perpendicular to the top of the bib as shown

When cutting fabric mark these lines on both sides of both fabrics for pleating in step 5



Pleats give the apron shape for the bustline!



Step 4 Construction

Complete this step for all 3 straps

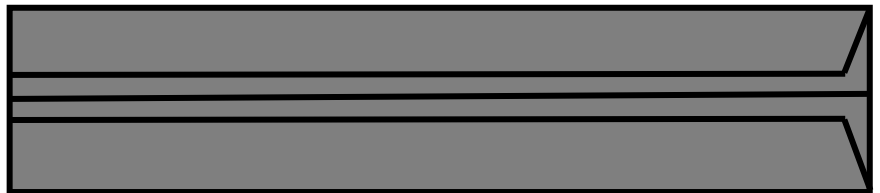
1 x Neck strap

2 x Waist tie straps

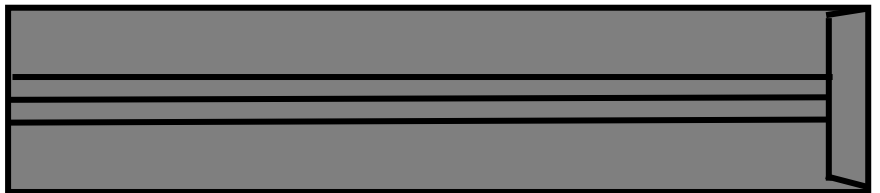


Fold in half lengthwise and press

Fold the lengthwise edges in towards the centre fold



Fold one end over and press.



Fold in half lengthwise; all raw edges will be enveloped inside the strap except for the end that will be sewn in to the project when it is constructed.

Raw edges



Stitch along the edge and across the folded end to complete the strap.

Raw edges



You could also use ribbon or cotton tape instead of making your own straps!

Step 5 Pleating

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Sew the pleats into place as shown on both the 'front' and 'back' fabric pieces



This pleating gives the apron a bustier bib area

To suit those with a curvier physique!



For a less busty version make the top of the bib area 2 inches narrower when drawing your paper pattern.

Mark pleat lines on both sides of your fabric:

Fold fabric so that the lines meet:



Fold top layer of fabric back to expose the stitching line then stitch on the pleat line to create the pleat:

Pleat alternate view:



Step 6

Use a basting stitch to attach the straps to the apron body as shown

These are positioned $5/8$ " from the edges (this leaves seam allowance)



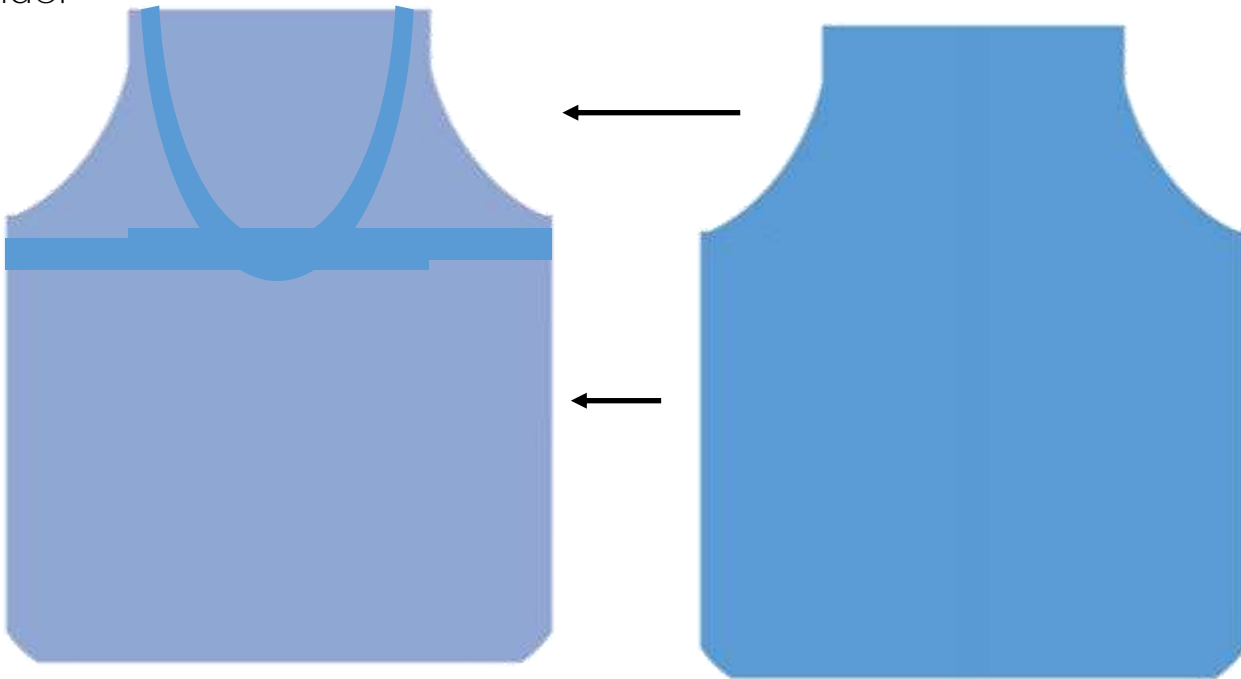
This is what the apron 'front' will look like once step 5 is completed!



Step 7

Fold all the strapping back in towards the center of the apron 'front'

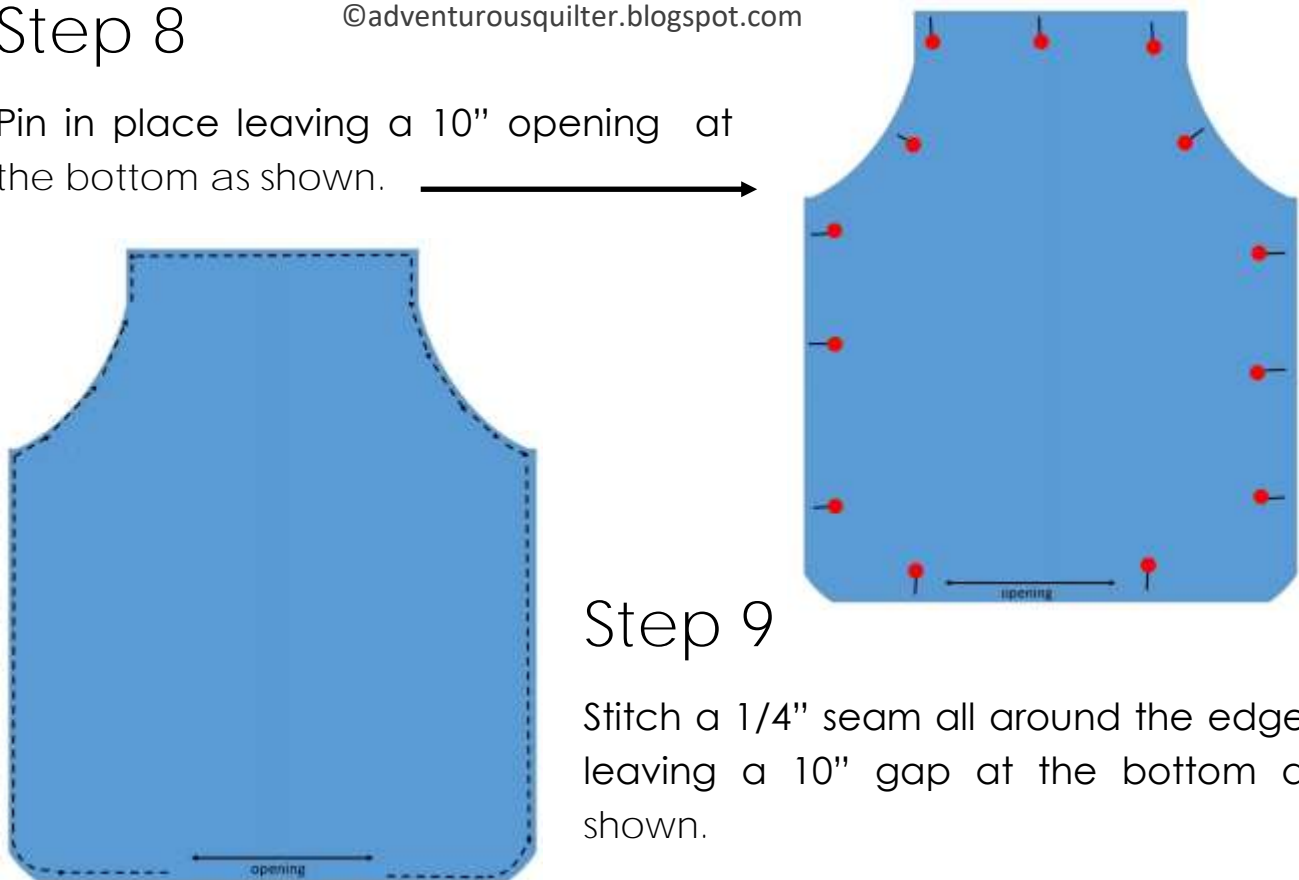
Place the apron 'front' and 'back' right sides together with straps tucked inside!



Step 8

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Pin in place leaving a 10" opening at the bottom as shown.



Step 9

Stitch a 1/4" seam all around the edges leaving a 10" gap at the bottom as shown.

Step 10

Turn the apron right side out and press, taking extra care at the edges to ensure they are adequately turned out and pressed.



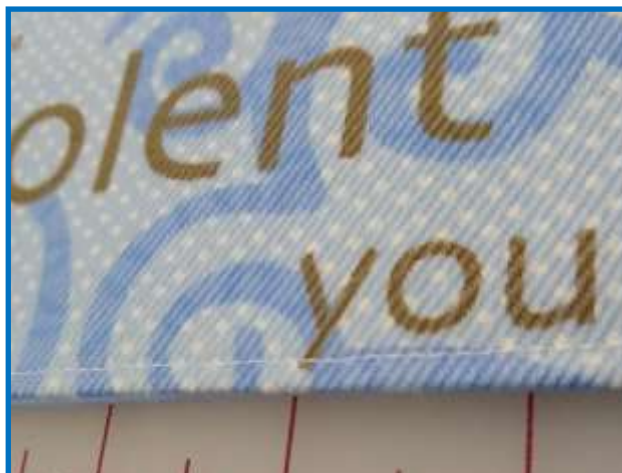
Step 11

Pin the opening closed



Step 12

Topstitch all the way around the apron take care to ensure you stitch the 10" opening closed as you go.





Don't forget this pattern
is reversible so you can
use two different fabrics
and have two different
looks in one apron!

