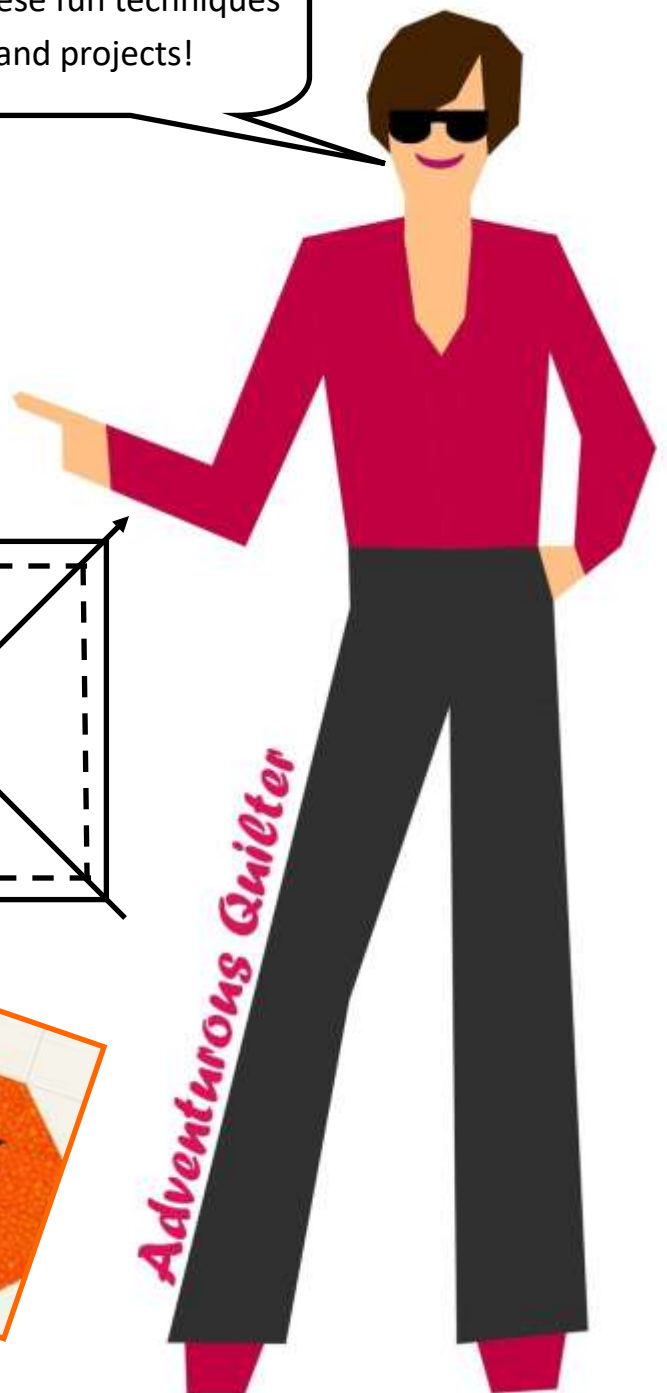
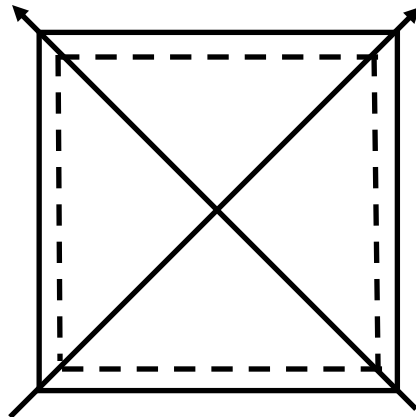
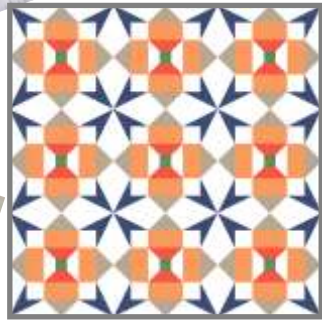
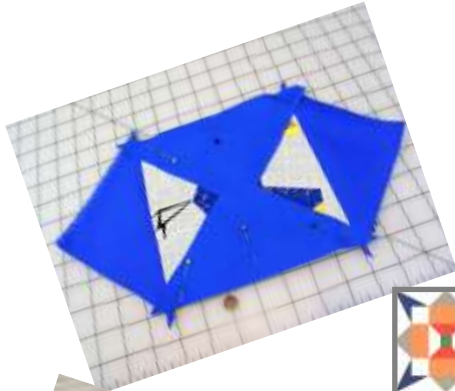


# Adventurous Quilter

## Quick Tutorials Compilation

Skill building is FUN!

Try these fun techniques  
and projects!

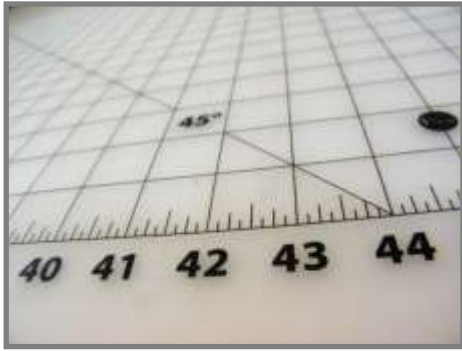


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Freezer Paper Printing	5
Improv Curves Wall Quilt	7
Strip piece a chevron border!	9
Patchwork Pumpkin!	11
4 quick half square triangles	13
How to sew a French seam!	15
Color Theory Tutorial	17

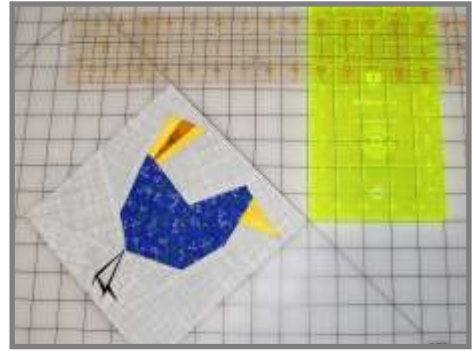
I release a new quick tutorial  
every quarter in my FREE  
quarterly e-zine;  
Quarterly Quilt Adventures



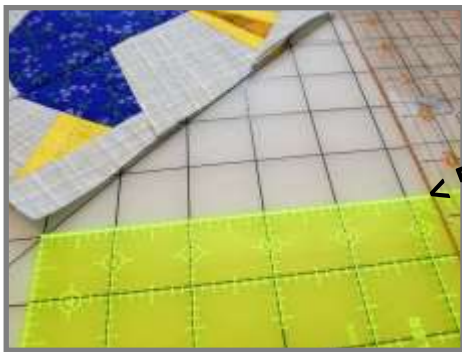
# Tutorial — EASY On-point Quilt Blocks



Use the 45° line on your cutting mat

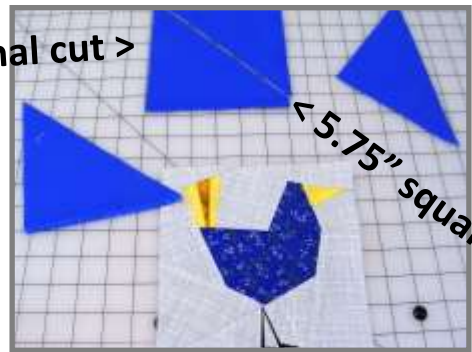


Lay block against 45° line

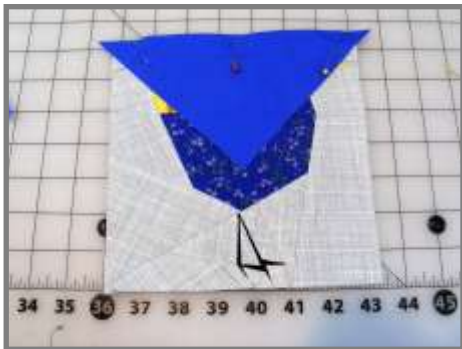


2 rulers give minimum square size

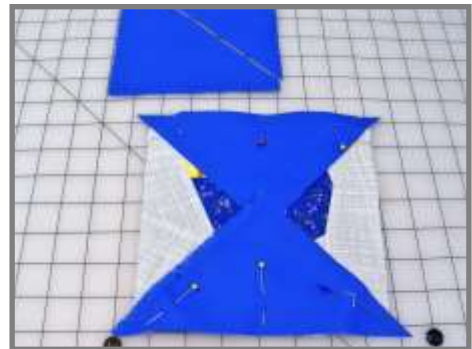
diagonal cut >



Tip: Cut your square - 1/2" larger



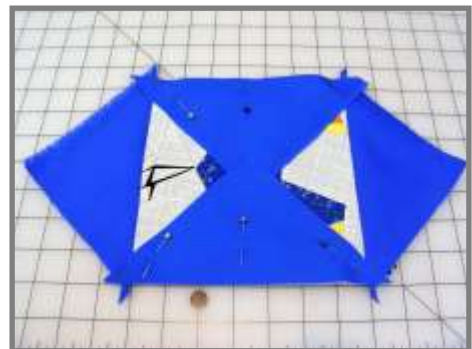
Start pinning on the triangles



Opposite sides is easiest



Once stitched on—press open

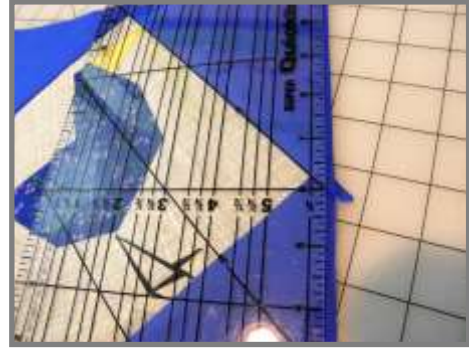


Add the last 2 triangles

## On-Point Tutorial Continued



Trim the points



Square up your block using the 45°  
line on your quilting ruler

It is as easy as that!





## Tutorial — Freezer Paper Printing



You can print all sorts of things onto freezer paper for redwork style embroidery projects.

< This squirrel is a coloring page from a Johanna Basford coloring book.

**Give it a try!**

- 1) Choose a coloring page or draw your own!
- 2) Scan it as an image. Load MS Word add the image and re-size to suit your needs
- 3) Cut a piece of freezer paper 8.5" x 11"
- 4) Cut a piece of fabric 8.75" x 11.25"
- 5) Place the shiny side of the paper on the background fabric and press evenly to adhere, allow to cool
- 6) Trim the excess fabric away and you have an 8.5" x 11" piece of printable fabric!





This doesn't require a lot of skill! Simple backstitch is all you need to do and you can achieve this kind of effect.

This delightful embroidered bicycle used a coloring page image I saved from a google search >





## Tutorial—Improv Curves Wall Quilt

Many quilters have excessive amounts of scrappy fabric strips leftover from quilt binding, borders etc.

You can use those to improv piece quilt blocks too!

If you haven't sewn with curves before don't be daunted, it is no big deal, especially if you do it using a foundation piecing technique.

### Step 1

Cut a piece of batting 15" square and a spray baste a backing fabric 8" square to the back. Now place two strips of fabric right sides together on your batting



### Step 2

Stitch a curved line towards the inner edge to attach them to the foundation.



### Step 3

Snip to create curve easing in the seam allowance as closely as you can to the stitching line without snipping the stitching.



### Step 4

Fold back and press. Steam and starch will help your fabric stretch to the curve you created with your seam!





### Step 5

Line up another strip to the edge of the 2<sup>nd</sup> strip and repeat the process.



### Step 6

Continue adding strips until your foundation is covered



### Step 7

Trim away excess fabric from around your foundation using a rotary cutter and quilt ruler. Bind your wall quilt!



Your wonky seams  
will create great  
wavy lines. This is  
a quick and easy  
method, I hope  
you enjoy it!



# Chevron Tutorial

## Strip piece a chevron border!

1. Cut 2 WOF strips of background fabric 2.5" wide
2. Cut 1 WOF strip of each feature fabric 2" wide
3. Sew them together into a strata of strips with the background fabric on the outsides
4. Make 2 of these stratas

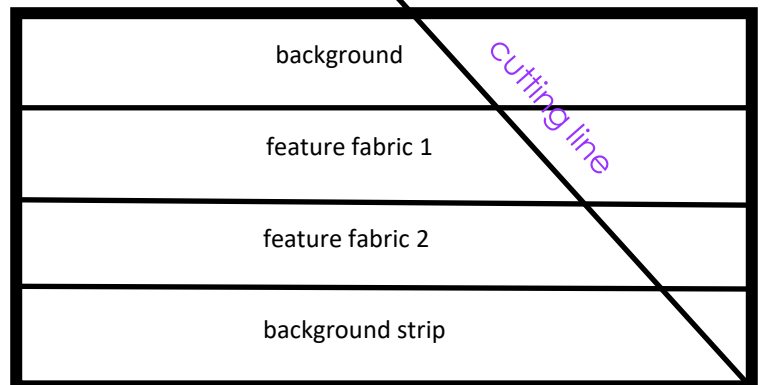
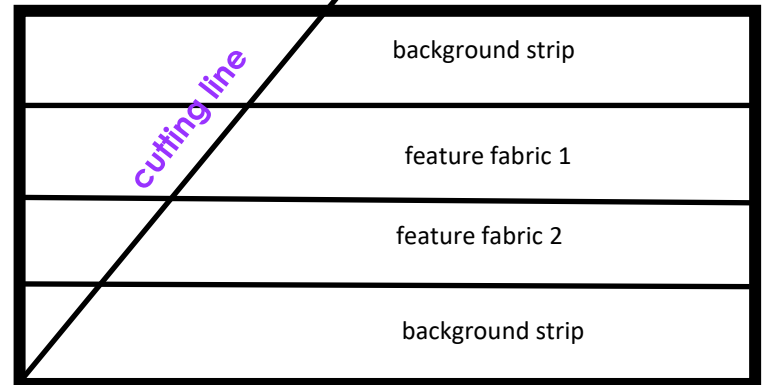
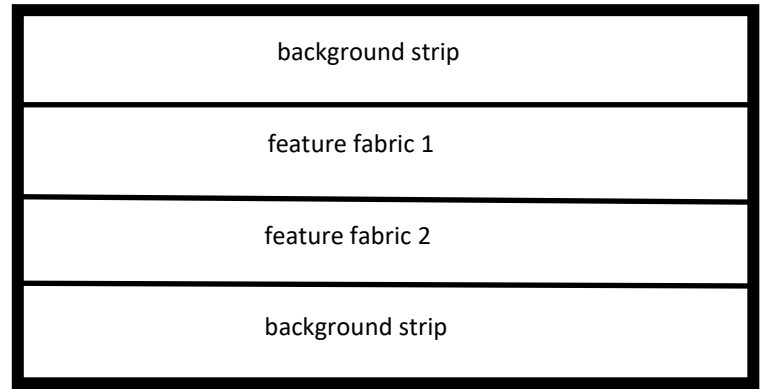
### Strata 1

5. Using a rotary cutter and the 45 degree line on your quilting ruler cut a triangle off the left corner of your strata
6. Now you simply cut 2" wide strips from the strata along that diagonal line as shown in the picture below

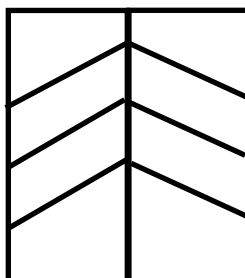


### Strata 2

7. Using a rotary cutter and the 45 degree line on your quilting ruler cut a triangle off the right corner of your strata
8. Now you simply cut 2" wide strips from the strata along that diagonal line



9. Sew one piece from strata 1 and one piece from strata 2 together to form 1 chevron.



Repeat the process if you need more chevrons depending on the size of your quilt.

## Chevron Border Tutorial



I used this strip piecing method to make the chevron border for my **Scrappy Adventures** 2018 remake.

An FPP chevron pattern is included in the book, but to strip piece the border was faster and it turned out great!

Give it a go!



## Tutorial

### Patchwork Pumpkin!

**This quarter's tutorial is great for using up orange scraps!**

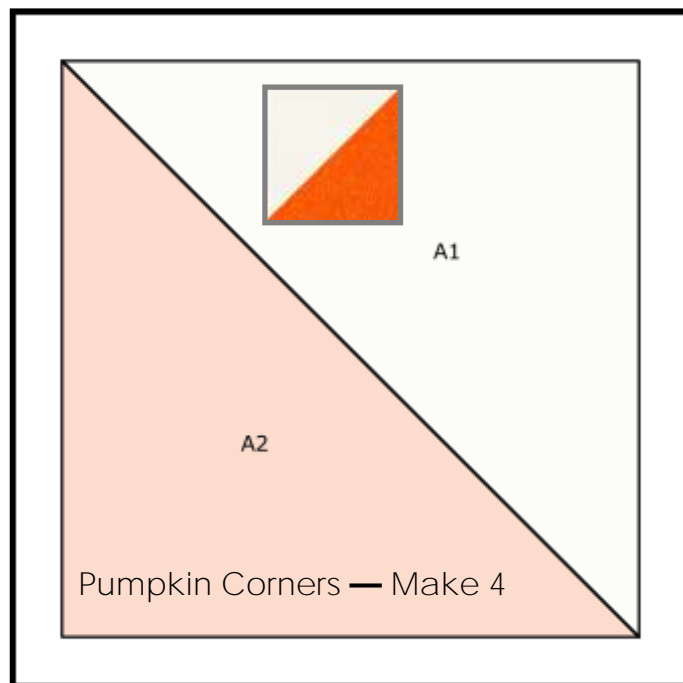
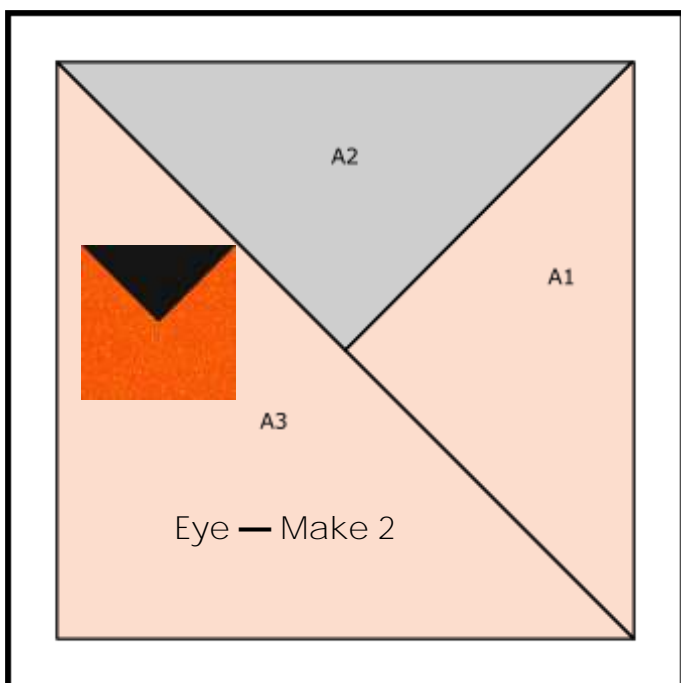
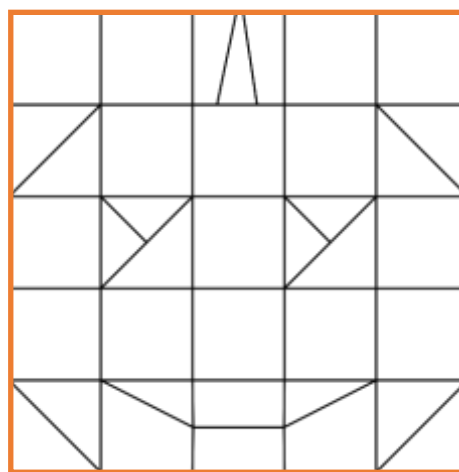
**This quick block is basically a 25 patch block with a couple of simple FPP blocks for the stalk, eyes, corners etc.**



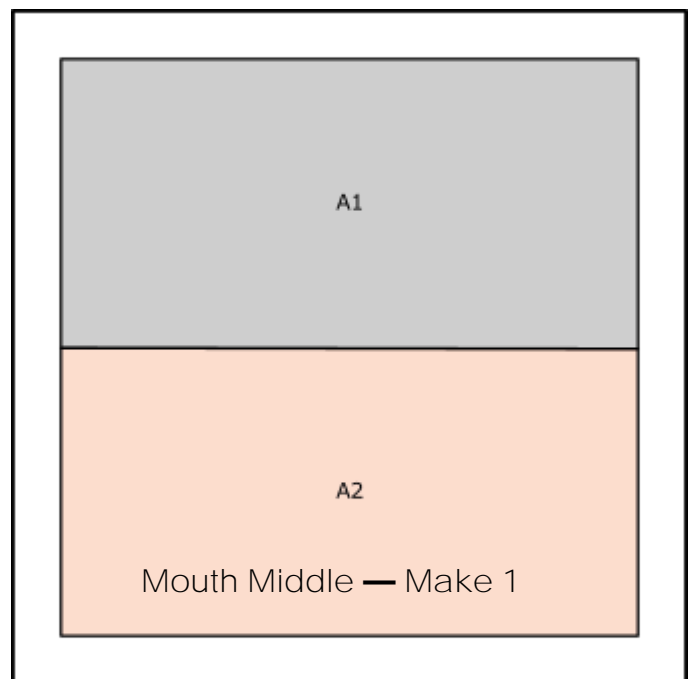
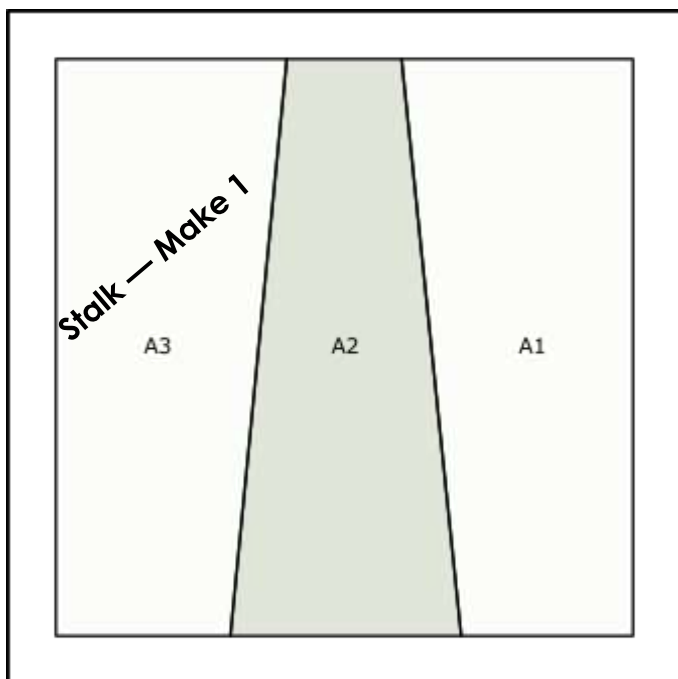
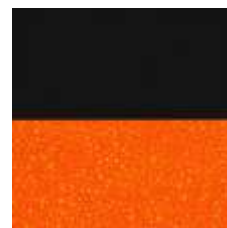
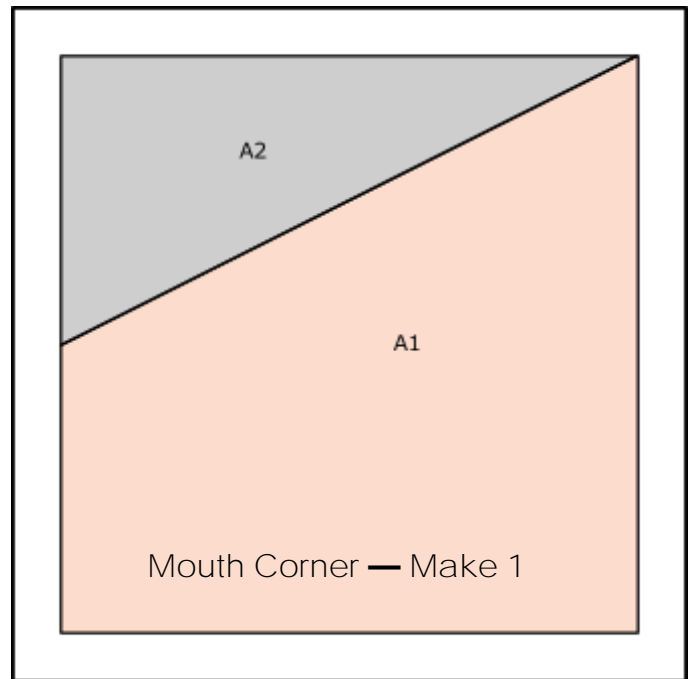
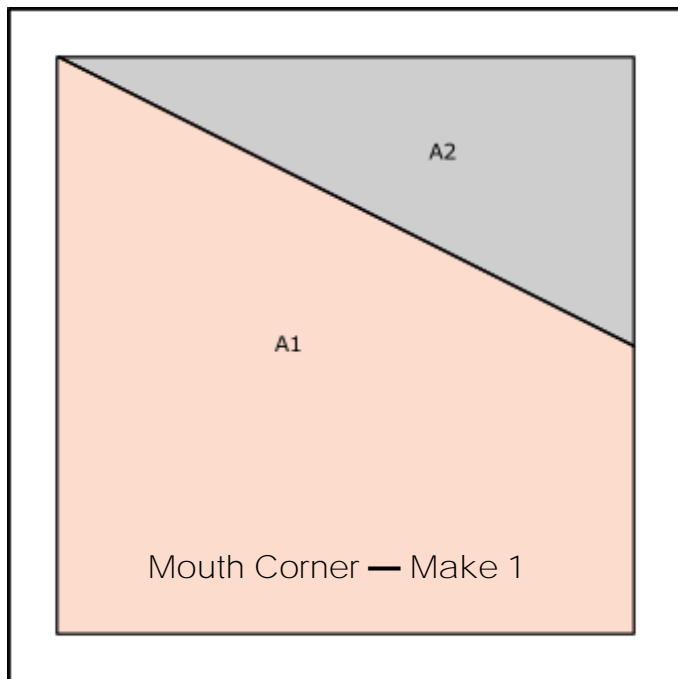
**Give it a go!**

- Cut 4 x 3" squares from background fabric (white)
- Cut 11 x 3" squares from orange
- Foundation paper piece additional elements as noted on the pattern pieces

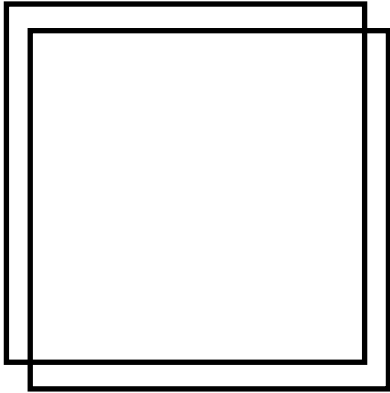
Use the layout image provided to guide you through block construction.



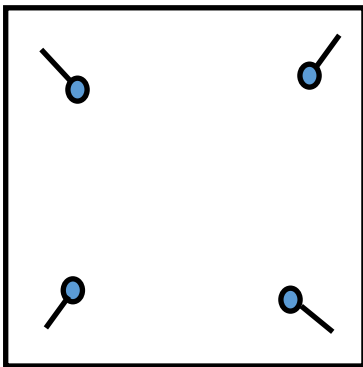




# How to make 4 quick half square triangles!

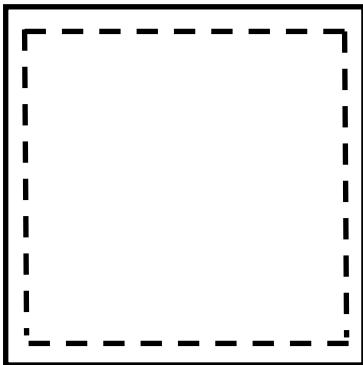


Place 2 squares of fabric right sides together

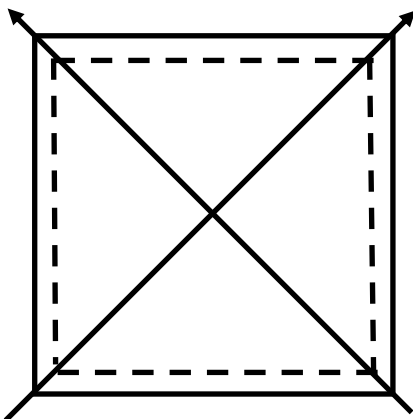


Line them up together

Pin in the 4 corners



Sew a 1/4 inch seam all the way around them

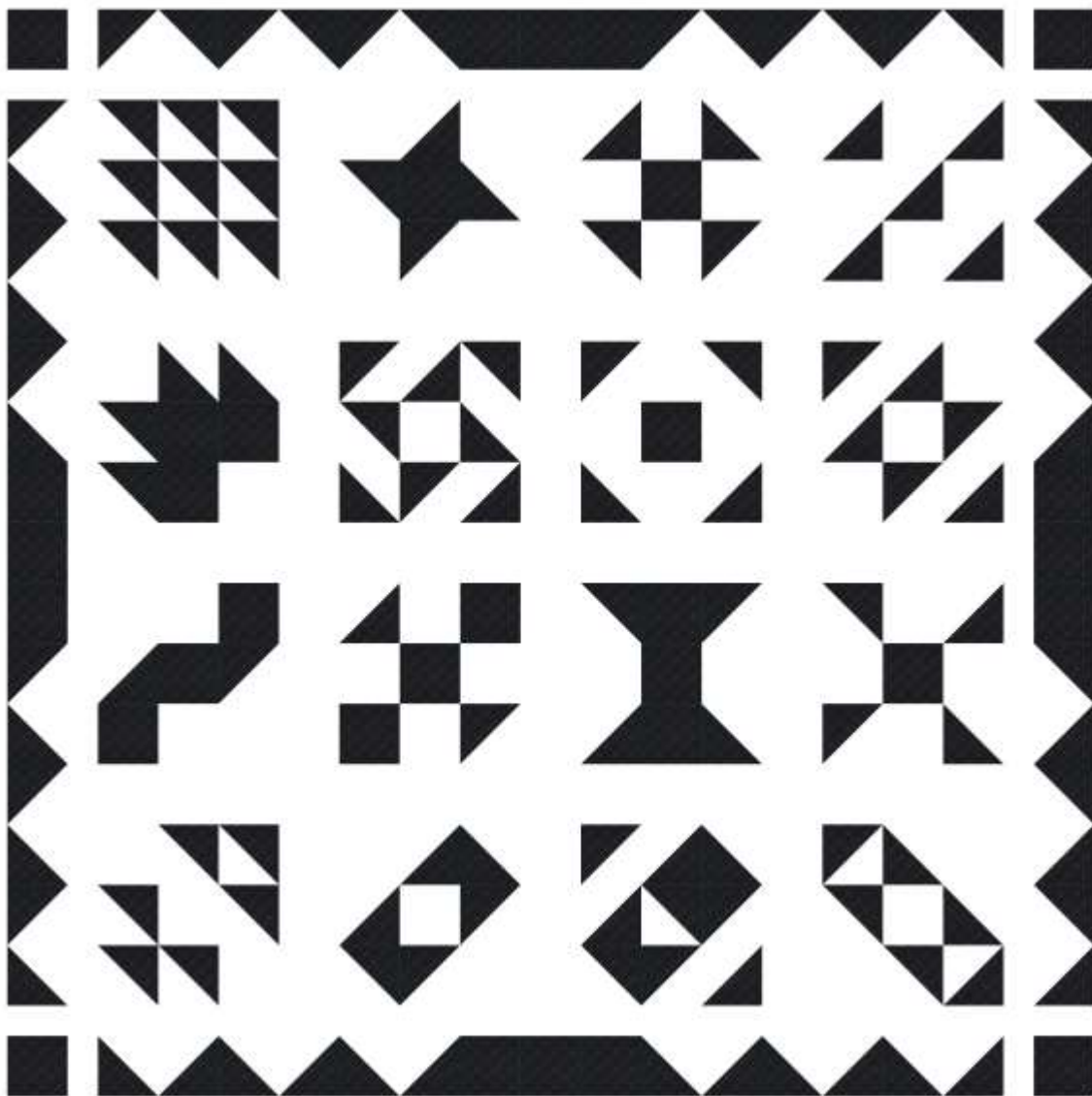


Using a quilt ruler and rotary cutter cut the block in half on both diagonals

Press them open and you have 4 HSTs!

## HST Tutorial

HSTs can be used to create a multitude of quilt blocks. This is a half square triangle quilt sampler I designed in late 2019.



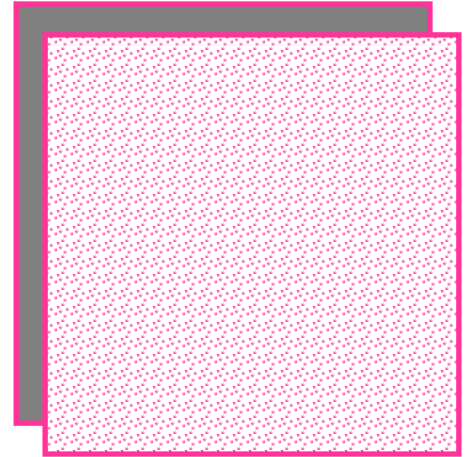


# Tutorial

How to sew a French seam!

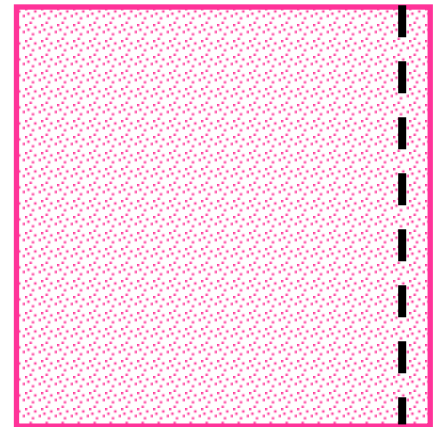
## Step 1

Place your two pieces of fabric right sides out.



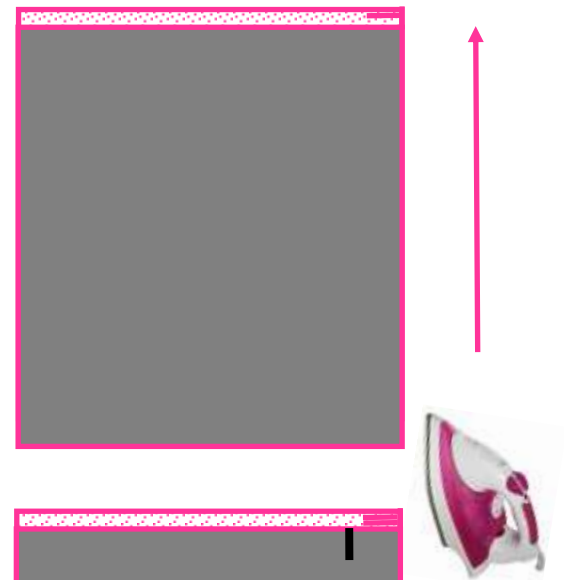
## Step 2

Stitch a 1/4" seam along the edge you wish to join.



## Step 3

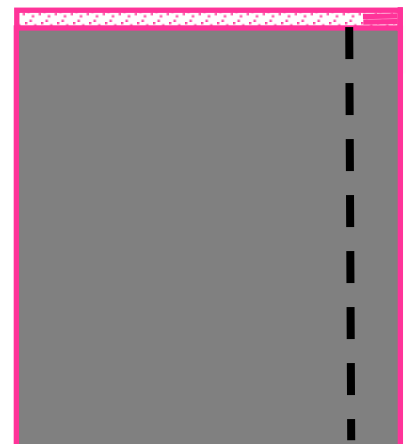
Turn the fabrics right side in and press the seam flat.



## Step 4

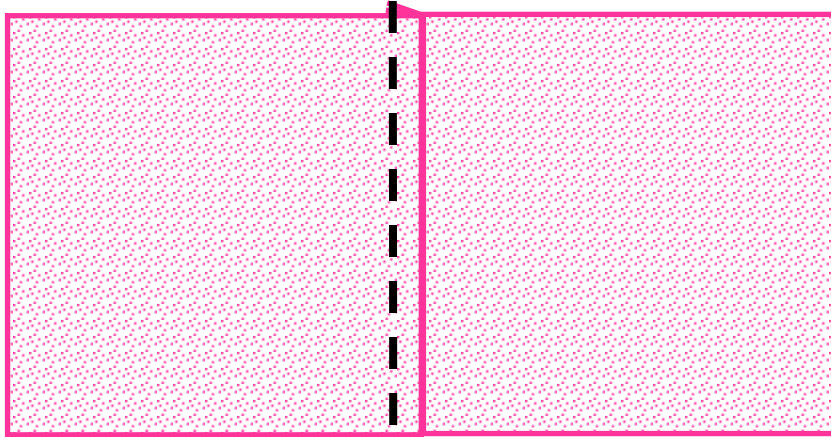
Stitch a 5/8" seam (or wider if you prefer) this completely envelopes the raw edges from the previous seam within a casing of fabric.

Press fabric open to complete the seam.



## Tutorial Continued

This optional step is needed in some steps when constructing your pillowcase.



### Step 5

©adventurousquilter.blogspot.com Marianne Jeffrey

Stitch a line 1/4" away from

the seam on the right side of your fabric to attach the swinging fabric casing of the French seam to your outer fabric to ensure your seam lays nice and flat.

---

French seams are useful for a myriad of projects. Many of the free printable tutorials I have available on my website use French seams. I like French seams because I do most of my sewing on a Juki TL2010 straight stitch ONLY sewing machine.



# Color Theory Tutorial

Are you having trouble envisioning some colors in one quilt? I know color choices can stress some people but quilt layout is actually the key! You don't have to make all the blocks the same!

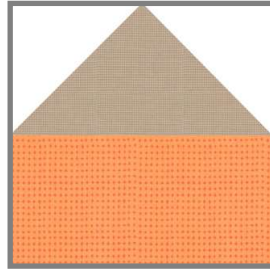
**Consider making elements of a design in colors you wouldn't instinctively put**

together, like this example with peach, beige, navy, coral, avocado and white:

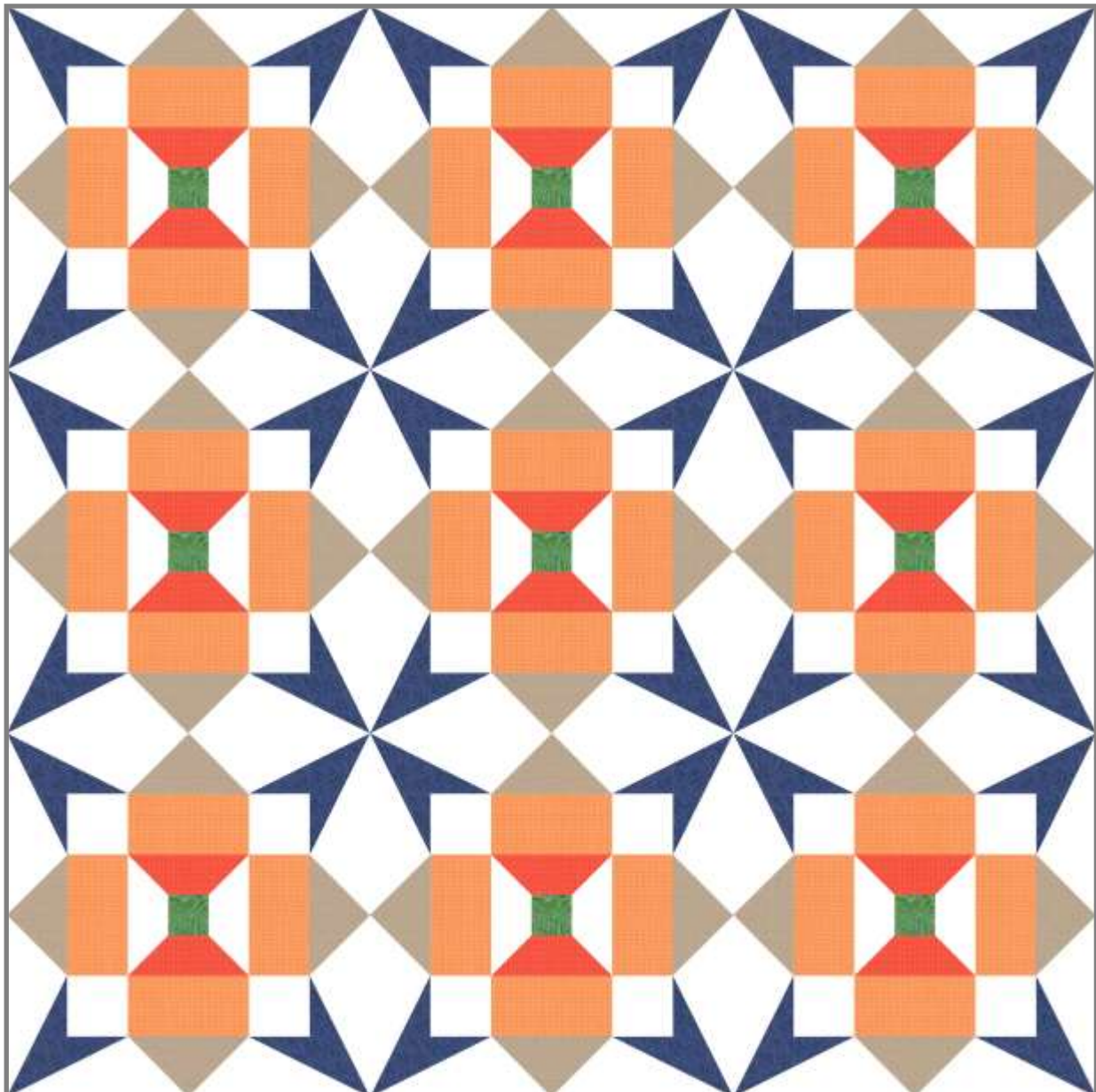
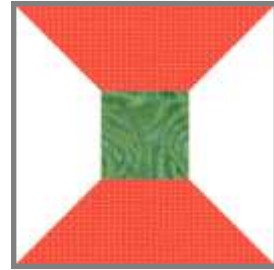
Indigo & white cornerstones



Beige & peach framing blocks



Coral & avocado centers





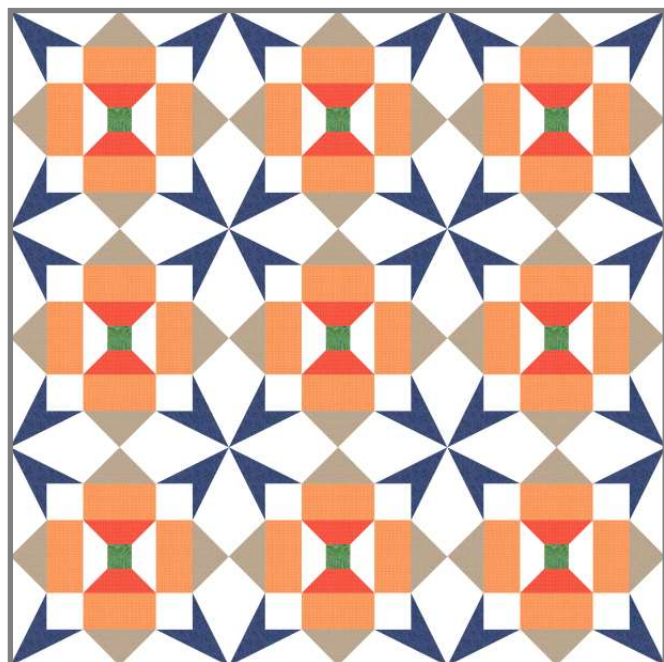
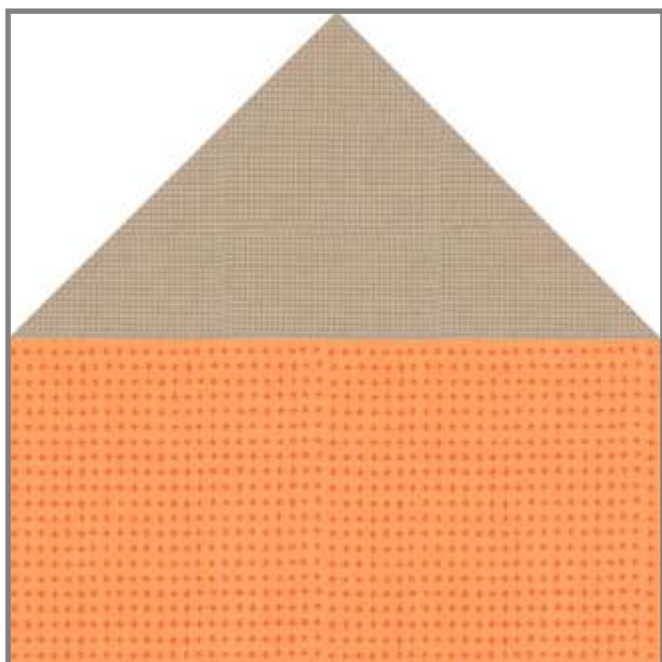


The only description I can think of for this beige and peach quilt block is:

**BLAND**

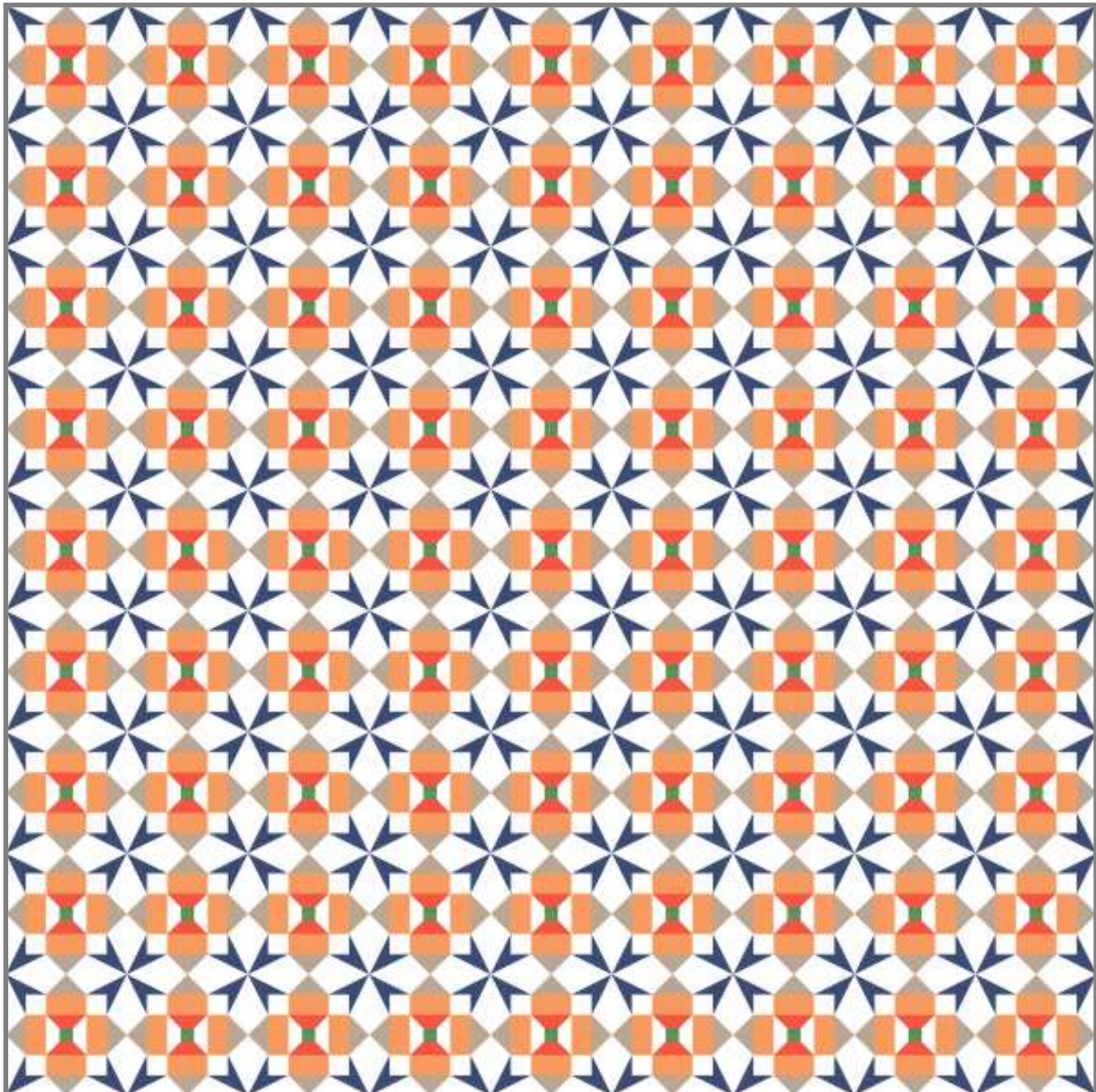
So why does it work in this quilt?

Because it is the very blandness of the color combination that allows the navy and coral to really pop! In addition because the bland blocks are positioned on all four sides of the feature block they create a frame that is pleasing to the eye because of the repetition and rotation.





It is an intriguing color palette  
that when repeated has a  
tendency to draw the eye to  
the high contrast features  
of the design.



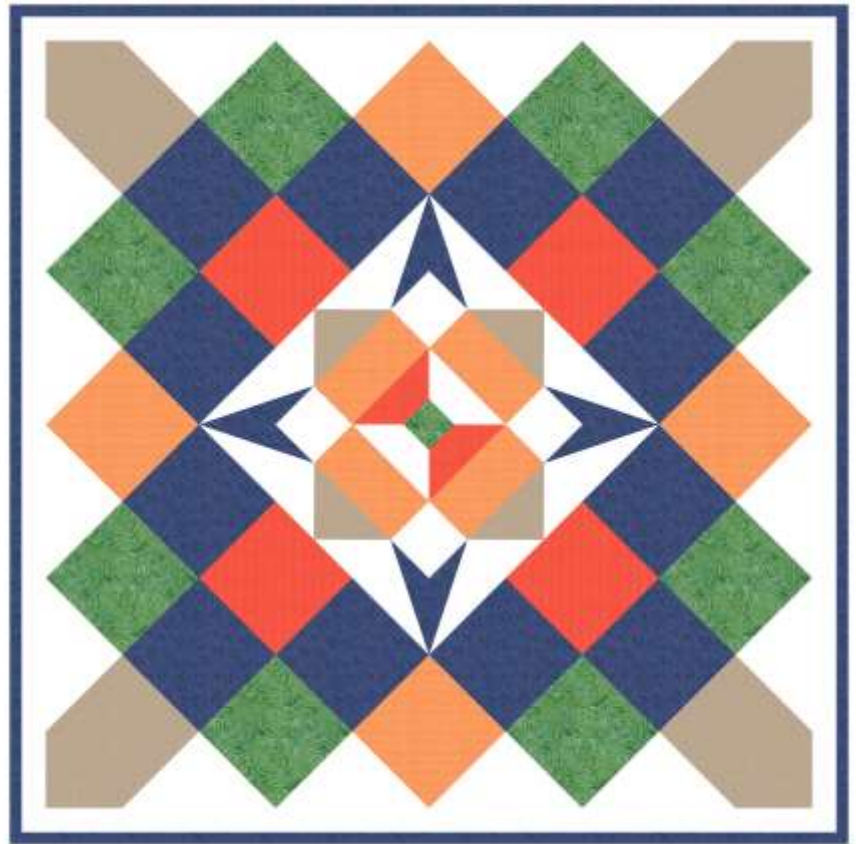


Imagine a cute baby quilt with just one center feature star framed by simple squares! Eye catching!

The fabric colors can work together! In fact almost any combo of colors can work in a quilt. It is all about layout!

Learn more about design/  
quilt layout in my latest book

Elemental Adventures!

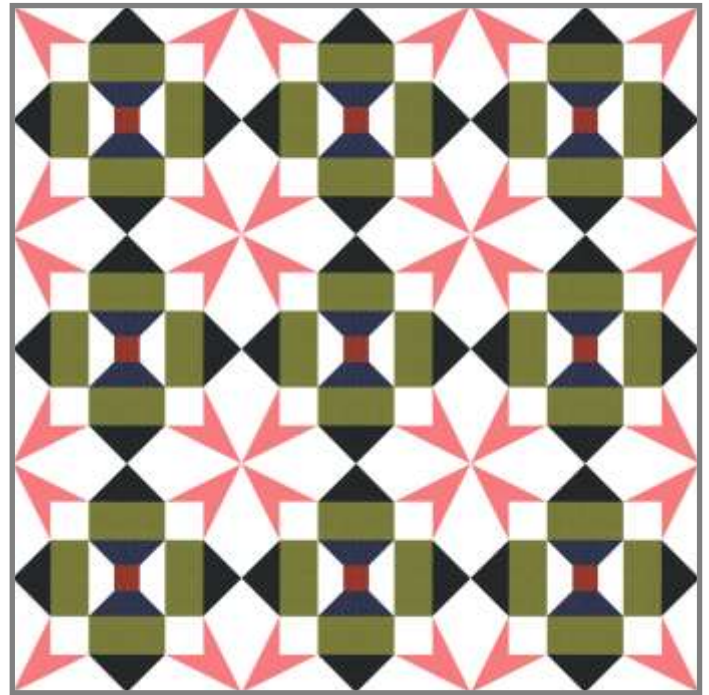
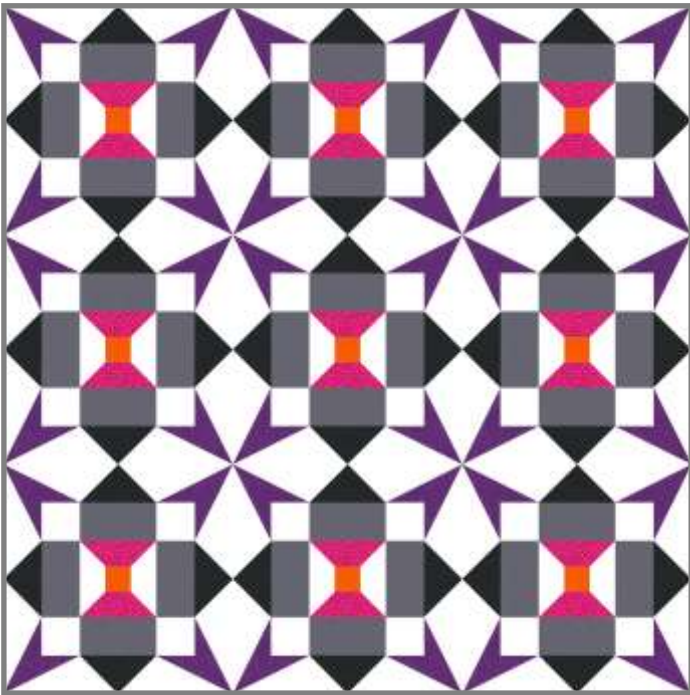


Choose another color and swap out an existing color!

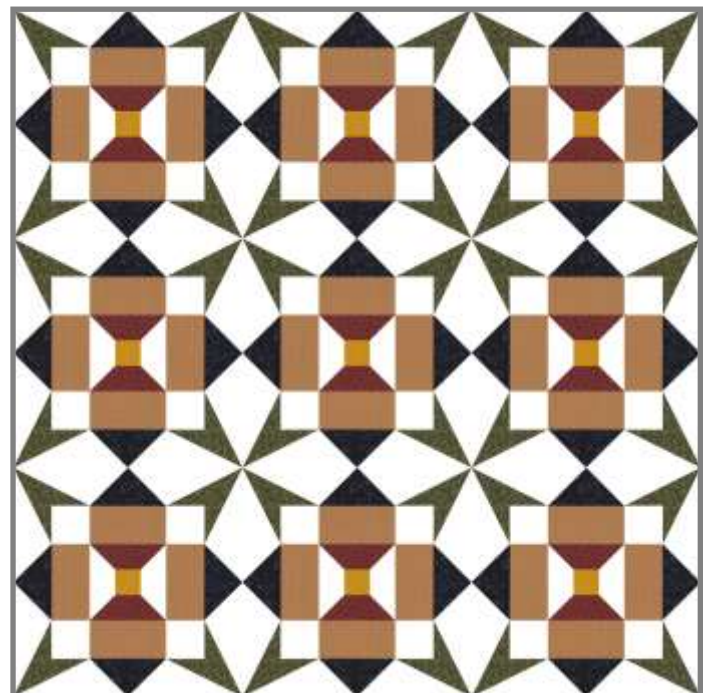
I swapped out the peach and beige in this quilt design to show the difference swapping colors can make!







That same design works with a multitude of different colors! You can't choose a bad color, but you can choose the wrong design or place for that color in a design!



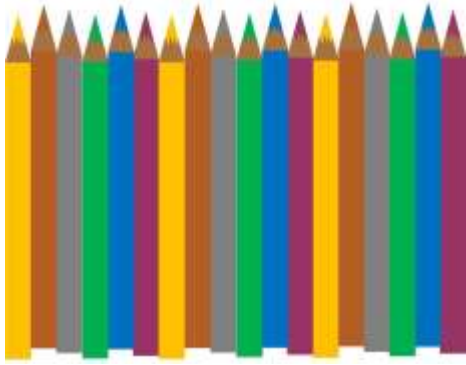
Quilt 1— purple, pink, orange, black. Grey, white

Quilt 2—pink, khaki, navy, maroon, black, white

Quilt 3—Sage, charcoal, beige, yellow, maroon, white

These are not standard quilt color palettes, I went out of my way to choose colors people don't usually put together, I did that to illustrate the point. Even khaki and pink can be in a quilt together as long as you are careful to choose the right design and placement!

**DON'T BE AFRAID OF COLOR! DESIGN AND COLOR PLACEMENT ARE THE KEY!**



Give it a go, choose 5 colors and color the image several times adjusting the placement ONLY not the colors.

